



OPEN FUN FOOTBALL SCHOOLS

CROSS CULTURES CORONA GUIDELINES

**RE-OPENING OF OPEN FUN FOOTBALL SCHOOL ACTIVITIES
AFTER THE CORONA CRISIS 2020 STEP 1**



Photo: Per Fløng, Srebrenica



Cross Cultures is a political independent, non-profit organisation with headquarter in Denmark that accommodates a network of legally independent organisations that facilitates Open Fun Football Schools and other community-based grassroots sport programs for the purpose of stimulating

- Peace and Reconciliation
- Social integration and Respect for diversity
- Gender equality
- Community engagement and the creation of an active civil society

INTRODUCTION

Several Open Fun Football School partner countries are now considering to allow children to play and practice sport again. But it must be done in a responsible way.

Cross Culture's stance is clear: In the given situation Cross Cultures consider public health primary to bringing people together across societal cleavages and our Open Fun Football Schools activities must not help spread infection either on or off the playing field. Furthermore, Cross Cultures and the Open Fun Football School program must as a minimum ALWAYS follow the recommendations of the national authorities when it comes to practicing sports again.

Within this framework, the Open Fun Football School programme will of course stay tuned to creating joy, fun and a sense of togetherness while at the same time educating children and youth relevant lifeskills, and we will act responsibly and appropriately so that OFFS activities do not contribute to spread of infection.

Hence, this guideline provides an overview of Cross Culture's attitude and approach to the re-opening of OFFS-activities in the light of the Corona-crisis.

The new guidelines constitute an overall protocol for start-up and training at Open Fun Football Schools - and they are based on the Danish authorities' general recommendations and the published guidelines for outdoor sports from the Danish Sports Federation. In addition, Cross Cultures has received input from the Danish FA, the Danish League as well as inspiration from KNVB-Netherlands, where football has been opened under a number of restrictions. This protocol is constantly updated in new versions as new guidelines come from relevant authorities.

For additional guidelines please also consult the national authorities in your home country.

Anders Levinsen. May 2020

THE NATIONAL- AND REGIONAL OFFS-COORDINATORS AND LOCAL OFFS-LEADERS ARE RECOMMENDED TO:

- A*** Prepare a plan and organization for the implementation of OFFS activities
- B*** Establish a training forum where coordination between the OFFS-leaders and coaches / volunteers is ensured
- C*** Ensure that the club's bathing and changing facilities cannot be used.
- D*** Respect the assembly ban



GUIDELINES

FOR NATIONAL- AND REGIONAL OFFS-COORDINATORS AND LOCAL OFFS-LEADERS

In order for OFFS-coaches, volunteers, players and parents to feel safe, the following must apply:

- ✓ Each OFFS coordinator/-leader keeps abreast of relevant recommendations from their national and local authorities and Cross Cultures Corona guidelines and ensures that their OFFS activities comply with these. The OFFS leader must ensure clear signage with the OFFS Corona guidelines at the facility.
- ✓ The hosting football club / youth house must decide that the activity can be resumed and they must be confident with Cross Cultures Corona guidelines.
- ✓ All training sessions must observe the assembly ban. During the reopening phase Step 1, there must be no more than 10 people gathered in connection with the activity.
- ✓ The OFFS-leader is recommended to make staggered training times so that larger assemblies are avoided during the shifts.
- ✓ It is recommended that there may be limited access to individual toilets, however it is the owner of the facility to decide, whether or not access to toilets and clubhouses is allowed.
- ✓ Thorough cleaning of common contact points must be ensured and a plan for cleaning and disinfection of contact points such as outdoor

GUIDELINES

FOR CONDUCTING ACTIVITIES

BEFORE TRAINING

- ✓ Ensure that recommendations provided by the National Health authorities' is adapted.
- ✓ Players and volunteers in a risk group need to be extra careful if participating in the OFFS activities.
- ✓ Everyone meets dressed up on time (not before) and goes directly to their training group.
- ✓ If children are handed over by their parents, this must be done outside the facility as spectators will not be allowed entrance to the OFFS-activity.
- ✓ Only the OFFS leader and OFFS-coach has access to the storage room of the equipment and must take out balls, cones, bips etc alone.
- ✓ A set of balls and cones is selected which is used only by the individual group during the whole training session.
- ✓ If bips are used, wash them after use.
- ✓ Practise in groups of a maximum of 10 persons including adult / trainer.

- ✓ Drinking bottles must be brought filled from home and must not be shared with others.
- ✓ All players and coaches must wash hands - or use hand sanitizer - before going to training.
- ✓ It is recommended that the host club provide access to a wash basin prior to and after the training session. There must be no shared towels.
- ✓ The hosting football club / youth house must decide that the activity can be resumed and they must be confident with Cross Cultures Corona guidelines.



DURING TRAINING

- ✓ There should always be one trainer or adult present per group.
- ✓ During training, only the person responsible is allowed to move cones and targets.
- ✓ It is recommended that heading be minimized.
- ✓ It is recommended that ball contact with the hands is minimized as much as possible except for the goalkeeper who needs to use OWN gloves that must be washed beforehand
- ✓ It is recommended that the training is organized so that there is only occasional body contact.
- ✓ Do not substitute players during exercise.
- ✓ The individual groups must be kept separate and must not interfere with each other.

AFTER TRAINING

- ✓ Everyone leaves the practise right after it's finished. The players must leave the playground alone, not in groups. The coaches must pay special attention when switching between training teams.
- ✓ The coach wipes all the supplies with soap and water.
- ✓ If a player or manager has symptoms of illness and COVID-19 is found, the club, coaches and players and parents of the players must be informed about this.

IN CASE OF ILLNESS

- ✓ People with symptoms of COVID-19 must not attend any training session. Persons may only meet for training again 48 hours after the symptoms have ceased.
- ✓ People whose family has symptoms or are infected should follow the Health Authorities recommendations for “close contacts”.

TRAINING PROGRAMS

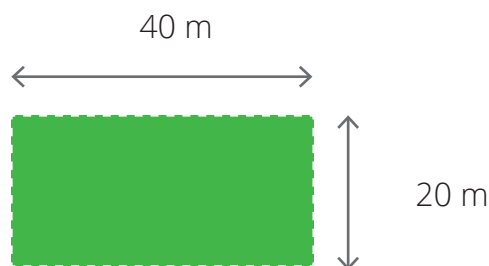
- ✓ Cross Cultures and Cross Cultures Virtual Club House provide training programs for coaches and clubs that are adapted to current health authority guidelines.



GUIDELINES

OF TRAINING GROUPS, THE PITCH AND NUMBER OF PLAYERS PER PITCH:

- ✓ All training sessions must observe the assembly ban. There must be no more than 10 people gathered in connection with the activity.
- ✓ Cross Cultures adhere to the maxi pitch. Thus, 1 maxi pitch (40 x 20 m) can accommodate 10 people (Players and coaches).

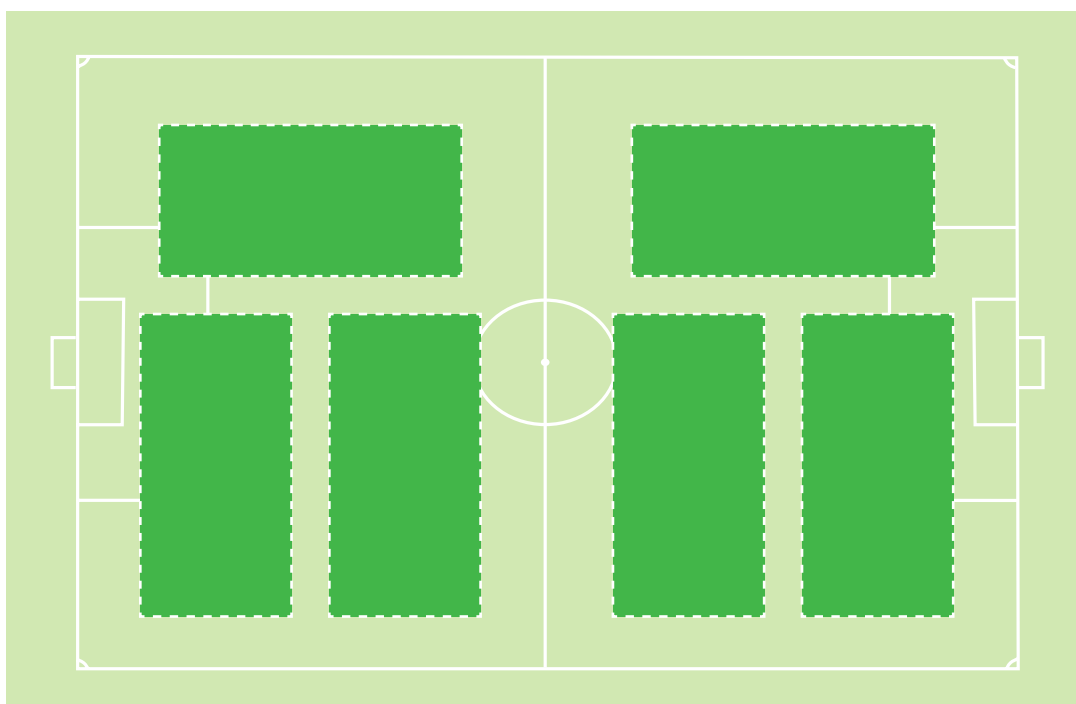


- ✓ If larger areas are used where more than 10 can train in different groups on the total area at the same time, make sure that there is sufficient distance between the groups so that they do not form a single group. The recommendation is that there be at least 2 meters between each pitch. For marking can be used cones, marker-tape, chalk or other markings that clearly delimit the playing zone.

- ✓ There must be no persons in the space between the pitches or anywhere else around the pitch. There must therefore be no spectators at the facilities, as the facility can then be perceived as a large area with too many people gathered.
- ✓ Make sure that groups on different pitches do not come close to each other, so that there is no risk of breaking the rules of the assembly ban. The individual OFFS-leader is responsible for assessing and responsible for establishing sufficient distance.

By marking as many maxi-pitches as possible, the club can get more players to train under the guidelines.

Thus, given approval from the national authorities it is allowed to divide an 11-man playground into six “maxi-pitches”. This also applies to artificial grass pitches.



CORONA GUIDELINES



SYMPTOMS ? STAY AT HOME !

Do not show up to OFFS if you have symptoms of Covid19.
This also applies if you have been with, or have been in contact with, a person who has been tested positive.



DISINFECTION

Everyone must wash or disinfect their hands before training begins.
All materials must be cleaned after training.



MAX. 10 - 1 MUST BE A COACH

- a. Max. training in groups of 10 people, incl. the trainer.
- b. Do not substitute in the groups during training.
- c. There must always be 1 trainer or 1 adult person per group.



RESTRICT BALL CONTACT WITH HEAD AND HANDS

It is recommended that headings and ball contact with hands be minimized.



RESTRICT BODY CONTACT

Avoid unnecessary body contact, no high five or hugs !